



St Barnabas CE Primary PE Curriculum Map 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Once upon a time	Exploring Autumn	Skill based lessons	Skill based lessons	Skill based lessons	Skill based lessons
Reception	Multi-skills ABC	Multi-skills ABC	Gymnastics	Brilliant ball skills	Athletics	Throwing and Catching
Year 1	Multi-skills (Skill based lessons) Boot camp (Fitness based lesson)	Brilliant Ball Skills (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Throwing and Catching (Skill based lesson) Fitness Frenzy (Fitness based lesson)
Year 2	Multi-skills (Skill based lessons) Boot camp (Fitness based lesson)	Brilliant Ball Skills (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Throwing and Catching (Skill based lesson) Fitness Frenzy (Fitness based lesson)
Year 3	Multi-skills (Skill based lessons) Boot camp (Fitness based lesson)	Brilliant Ball Skills (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Throwing and Catching (Skill based lesson) Fitness Frenzy (Fitness based lesson)
Year 4	Invasion (Skill based lesson) Boot camp (Fitness based lesson)	Striking and Fielding (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Nimble Nets (Skill based lesson) Fitness Frenzy (Fitness based lesson)
Year 5	Invasion (Skill based lesson) Boot camp (Fitness based lesson)	Striking and Fielding (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Nimble Nets (Skill based lesson) Fitness Frenzy (Fitness based lesson)
Year 6	Invasion (Skill based lesson) Boot camp (Fitness based lesson)	Striking and Fielding (Skill based lesson) Mighty Movers (Fitness based lesson)	Gymnastics (Skill based lesson) Skip-to-beat (Fitness lesson)	Dance (Skill based lesson) Gym fit circuits (Fitness based lesson)	Athletics (Skill based lesson) Cool Core (Fitness based lesson)	Nimble Nets (Skill based lesson) Fitness Frenzy (Fitness based lesson)

