



# SEND Newsletter

## Summer



Dear St Barnabas families,

As we approach the end of another school year, we would like to extend our sincere thanks to you for your ongoing engagement and support. It has been a real pleasure to welcome many of you to our recent parents' evening SEND drop-ins, where class teachers shared learning plans, celebrated progress, and discussed future steps for your children. Your partnership remains central to the progress we see in school every day.

This term, we have also placed a strong focus on supporting transitions. For pupils with SEND, changes such as moving to a new class or even a new school can bring uncertainty. Our team has worked closely with staff to ensure personalised transition support is in place. This has included extra visits to new classrooms, social stories, one-page profiles for new teachers, and opportunities for children to ask questions and express their feelings about the change. Where appropriate, we've also liaised with receiving schools and settings to ensure a smooth handover for those moving on from Year 6.

To our wonderful Year 6 pupils with SEND, we are incredibly proud of everything you have achieved during your time at St Barnabas. You have grown in confidence, overcome challenges, and demonstrated true resilience. As you move on to the next exciting chapter of your journey, we extend our warmest congratulations and very best wishes to you. You will always be part of the St Barnabas family.

Thank you once again for your trust and collaboration. We wish you a restful, sunny summer break and look forward to continuing our work together in September.

Warmest wishes,  
Mrs Parveen



## Upcoming Events

### Upcoming events- Spring Term

**Parent's evening:** Tuesday 18th and Thursday 20th March 2025

**SEND reviews:** w/c 17/03/2025

**SEND coffee morning-** Occupational Therapy visit: Thursday 6th February 9am 2025

The Neurodevelopmental Pathway (NDP) team assesses children and young people for neurodevelopmental disorders such as autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD).

**For advice and support, please call the NDP Advice Line on: 0121 466 6825**

## Local Offer

Please use the link below to access the Birmingham Local Offer:

<https://www.localofferbirmingham.co.uk>

Here you can find help, advice and information available for your child or young person from birth to 25 years with a Special Educational Need or Disability (SEND).

**SEND**  
**BIRMINGHAM**



# Spotlight – ADHD

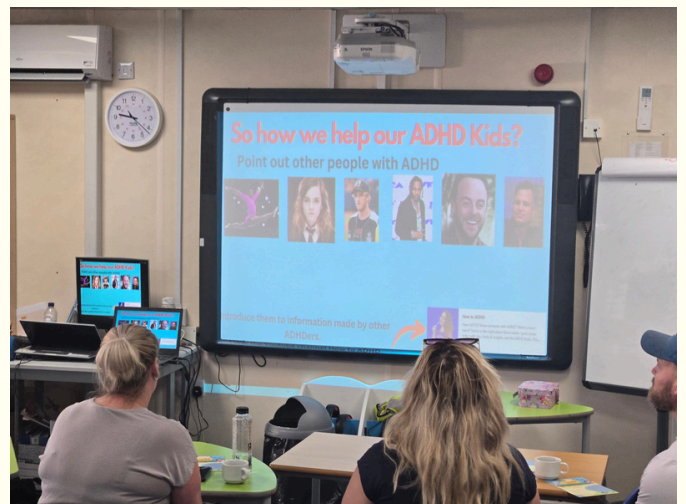
This term, we were thrilled to welcome Nora Brews, a specialist in neurodevelopmental conditions, who delivered an informative workshop on understanding and supporting children with ADHD. The session was engaging, and incredibly well-received by both staff and parents. Nora shared practical strategies, current research, and helped us challenge common misconceptions around attention and behaviour.

Some key takeaways from the workshop included:

- ADHD is not a lack of attention- it's a difference in attention regulation. Children may hyperfocus on things they love and struggle with things they find less engaging.
- Movement, breaks, and visual prompts are not "distractions" but valuable tools that help children manage focus and energy.
- Emotional regulation can be a significant challenge for pupils with ADHD, and supportive adults play a vital role in co-regulating and modelling calm responses.
- Building on strengths, such as creativity, energy, problem-solving, and curiosity helps children with ADHD thrive.

At St Barnabas, we are committed to celebrating neurodiversity and creating an inclusive environment where all pupils are recognised, supported, and valued for who they are. Whether through classroom adaptations, staff training, or strong partnerships with families, we continually learn and grow in our approach to meeting the needs of our neurodivergent learners.

If you have any specific questions around ADHD or other neurodivergent profiles, please don't hesitate to get in touch. Likewise, if you're interested in suggesting a topic for our next coffee morning, please let us know!



## Useful Links



- [Birmingham Local Offer](#)
- [Zones of Regulation](#)
- [School Website](#)
- [Autism Education Trust](#)
- [What is ADHD? ADHD UK](#)
- [Mental health and parenting- NSPCC](#)
- [Young Minds](#)
- [Family Action](#)
- [About Dyslexia](#)
- [Attention deficit hyperactivity disorder \(ADHD\) - NHS](#)
- [Grow Family Services](#)

## The SEND Team



Mrs Parveen  
SENCO



Mrs Hulin  
Autism Lead and  
SEND assistant



Miss Hall  
Speech and Language  
Champion SEND assistant



## Communication and Autism Team (CAT) – Parent carer Signposting

Some useful information on services & events that parent carers may want to check out.

All schools will have a SEND Information Report that details SEND provision within their school

### Communication Autism Team

Parent support: Please check with your school for flyers and information for these events.

- CAT host parent carer drop-in advice/workshop sessions across the city - *half termly*
- CAT PAC awareness course 6 sessions termly for parent carers of children in Early years, Primary, Secondary- *termly*
- Online advice service sessions - *half termly*



### Birmingham City council – Local Offer SEND services

Here you will find help, advice and information about the services available for your child or young person from birth to 25 years with a special educational need or disability (SEND).

[www.localofferbirmingham.co.uk](http://www.localofferbirmingham.co.uk)

All age autism support Service: [www.aadirectory.co.uk](http://www.aadirectory.co.uk)

Autism west Midlands: [www.autismwestmidlands.org.uk](http://www.autismwestmidlands.org.uk)

Ambitious About Autism: <https://www.ambitiousaboutautism.org.uk/>

### **Birmingham Events and Activities for young people with SEND Summer Holiday Events 2025**

#### **Bring it on Brum! is back for the summer holidays**

Resources for autism offer playschemes [Holiday Play Schemes - Resources for Autism](https://www.resourcesforautism.org.uk)  
<https://www.resourcesforautism.org.uk>

#### **Events | Autism Support Service, Birmingham and Solihull**

Autism West Midlands have a picnic at cannon hill [Cannon Hill Park Summer meet up | Autism West Midlands](#)

Lots of activities and events on the birmingham local offer page [Days out and leisure activities - Local Offer Birmingham](#)

SEND socials will have lots going on [About us - Send Socials](#)

Birmingham Mac have relaxed performances [Accessible events | Midlands Arts Centre](#)  
<https://www.aadirectory.co.uk/listings/mac-makes-music.html>

Birmingham Thinktank Museum morning explorers – autism friendly [Autism friendly visiting times and activities. | Thinktank | Birmingham Museums](#)

The Ackers Activity Centre – Sessions for young people with SEND  
<https://www.aadirectory.co.uk/events/ackers-adventures-send-sessions-2025.html>



Entertainment venues that offer relaxed/autism friendly sessions/performances:

**Please note: this information is subject to change.**

**Please check with the venues for booking when planning a visit.**

Cineworld

[www.cineworld.co.uk/static/en/uk/accessibility/autism-friendly](http://www.cineworld.co.uk/static/en/uk/accessibility/autism-friendly)

Odeon Cinemas

<https://www.aadirectory.co.uk/listings/odeon-cinemas.html>

Birmingham Hippodrome

[www.birminghamhippodrome.com/plan-your-visit/access/](http://www.birminghamhippodrome.com/plan-your-visit/access/)

Sea Life centre, Birmingham

[www.visitsealife.com/birmingham/explore/events/quiet-at-the-aquarium/](http://www.visitsealife.com/birmingham/explore/events/quiet-at-the-aquarium/)

Think Tank, Birmingham: - **Also provide a quiet area, social stories and communication symbols to download prior to visits**

[www.birminghammuseums.org.uk/thinktank](http://www.birminghammuseums.org.uk/thinktank)

Parks 4 Play: [Parks for Play – Creating Welcoming Spaces](#)

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*Communication and Autism Team*

*Children and Families Directorate*

*Birmingham City Council*

*Office: PO Box 17843, Birmingham, B2 2JR*

*Birmingham Local Offer: [www.localofferbirmingham.co.uk/communication-and-autism-team](http://www.localofferbirmingham.co.uk/communication-and-autism-team)*

*To contact CAT: [CATParentEnquiries@birmingham.gov.uk](mailto:CATParentEnquiries@birmingham.gov.uk)*

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