



# St Barnabas Newsletter

What a fabulously festive final week of term at St Barnabas!

We were well and truly embracing the Christmas spirit with a myriad of Christmas productions this week. Year 5 performed their wonderful production on Monday, we held whole school Christmas concerts on Tuesday and Thursday and we went to St Barnabas Church on Friday for our Christmas service. Thank you to everyone who attended, the children were all amazing and so talented! Special thanks go to Mrs Rhodes and Bethan for leading our choir and Mx Martin for organising the concert.

After lots of planning (and the help of 8 coaches!) we were able to treat years 1-6 to a pantomime at Sutton town hall. The children enjoyed watching a performance of Jack and the beanstalk. It was a great, fun day out and the children were beautifully behaved. Thanks to all of the brilliant St Barnabas staff that went with the children and helped out.

Whilst the rest of school were at the pantomime, Nursery and Reception had their own theatre production in school. They were entertained by Hobgoblin Theatre Company with another production of Jack and the beanstalk it was so much fun!

I'd also like to congratulate Mrs Gardner and Mrs Huston on passing their NPQSL courses this week!

We're also delighted to welcome Miss Bird to St Barnabas. She has joined the school, working in the Office as an admin assistant.

Finally, we say a fond farewell to Violets teacher, Miss Fello, who will be leaving us at the end of term. It's been a delight and you will be sorely missed by both staff and children. We wish you all the best in your future endeavours!

Thank you on behalf of the St Barnabas team for all of the wonderful Christmas cards and gifts. I hope you all have a lovely Christmas with your families; enjoy the rest, take good care and we look forward to welcoming the children back in January.

Enjoy the break. Mrs Grice



# Attendance Matters

Attendance	
Whole School (This Week)	95%
Nursery	93%
Reception	93%
Year 1	89%
Year 2	95%
Year 3	97%
Year 4	96%
Year 5	98%
Year 6	94%

## This Week's Winning Classes

**Bluebells**  
96.33%

**Butterflies**  
99.67%

**Attendance Update**

We need to try really hard next week to make sure every year group is above the 96% target.

Our attendance for the week is 95%

Our attendance for the year is 95%

**GETTING YOUR CHILD TO SCHOOL REALLY DOES MATTER**

**DID YOU KNOW?**

In a school year if your child is late every day by...	Your child would have lost approximately...	Or they would have missed approximately
5 Minutes	3 Days	12 Lessons
10 Minutes	6 Days	24 Lessons
15 Minutes	9 Days	36 Lessons
20 Minutes	12 Days	48 Lessons
30 Minutes	18 Days	72 Lessons

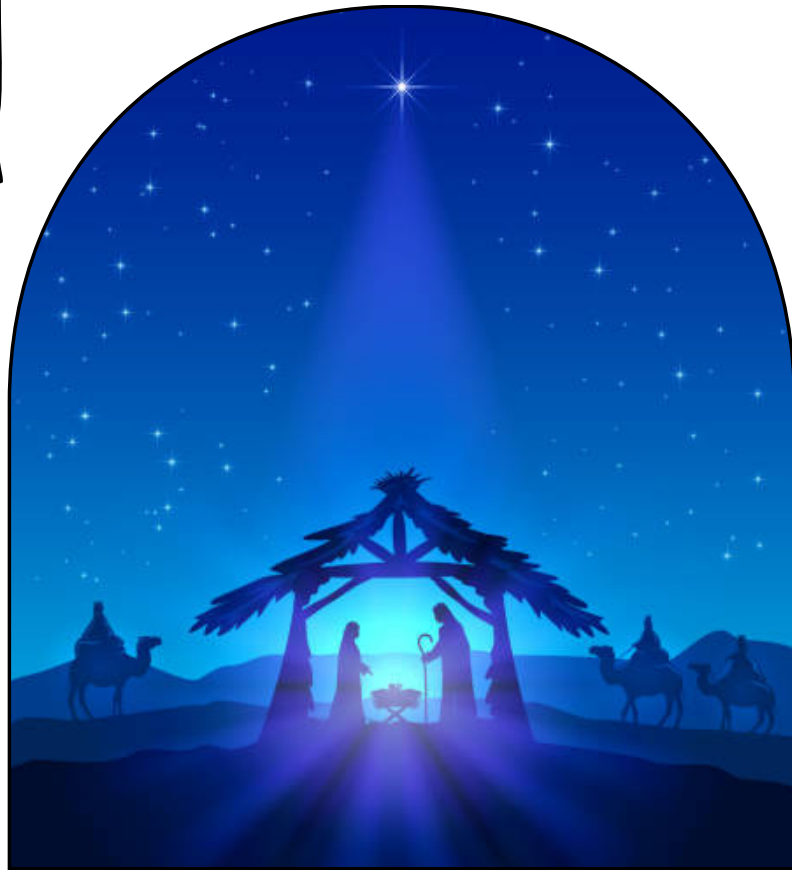
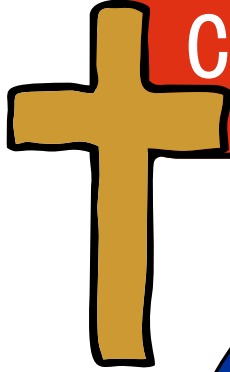
**PLEASE ENCOURAGE PUNCTUALITY TO MAINTAIN ATTENDANCE**



## Attendance Ladder



# Church School Spotlight



Inspired  
through Jesus



Our Vision

This week, Mrs Gardner led collective worship and told the story of Jesus' birth. We reflected and prayed for children and families around the world who are not safe and are seeking refuge.



Saint Barnabas Church of England Primary School

## Week 7 The Birth of Jesus



Refuge- Mrs Gardner



## OUR SCHOOL VALUES

DETERMINATION | KINDNESS | CO-OPERATION | FRIENDSHIP | HONESTY



Diary Dates

Date	Event	Information
08.01.2024	INSET Day	School closed to pupils
09.01.2024	First day of term	School opens to pupils
10.01.2024	Y4 Inspire Workshop	9:15am
11.01.2024	Young Voices	
15.01.2024	Nursery Application Deadline	
15.01.2024	Reception Application Deadline	
17.01.2024	Y3 Inspire Workshop	9:15am
18.01.2024	School Census	
06.02.2024	Y4-Y6 Symphony Hall	
07.02.2024	Y2 Inspire Workshop	9.15am
08.02.2024	Y3 Ikon Gallery Trip	



Subscribe to our calendar



With the weather getting colder, please ensure you send your child to school dressed appropriately for the weather.

Fioretti Trust



MERRY *Christmas*  
AND A HAPPY NEW YEAR!

Fioretti Trust



On behalf of the Fioretti Trustees we would like to wish all our families a 'Merry Christmas' and hope that you enjoy the break with loved ones.

# Prayer of the week

Dear God,

Thank you for all the things that make me happy.

Amen

Daisies



## Family Time



Each month we would like to capture special family moments on our enrichment board in school and share some on the newsletter, please do however make it clear if you do not wish your photos to be shared, you will still be entered into the raffle.

December family time challenge - Make a Christmas tree decoration. Send a picture of your decoration into school



Grayson made some wonderful decorations with his family at the weekend.

# 12 Social Media

## Online Safety Tips

### FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

- 1 DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS**  
 Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.
- 2 NEVER SHARE YOUR PERSONAL INFORMATION WITH PEOPLE YOU DON'T KNOW**  
 Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.
- 3 DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE**  
 This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.
- 4 NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS**  
 This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.
- 5 CREATE A POSITIVE ONLINE REPUTATION**  
 Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.
- 6 LIMIT YOUR SCREEN TIME**  
 Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.
- 7 BLOCK ONLINE BULLIES**  
 Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.
- 8 REPORT INAPPROPRIATE CONTENT**  
 If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.
- 9 ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE**  
 Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.
- 10 ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD**  
 This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.
- 11 ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA**  
 When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.
- 12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY**  
 Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.

# It's Christmas Time!



**A Parent's Guide to Social Media**



**A Parent's Guide to Sharing Pictures**



**A Parent's Guide to Gaming**



**A Parent's Guide to Online Grooming**



scan the QR code with your phone's camera to see the guides on our website



**A Parent's Guide to Live Streaming**



**A Parent's Guide to Online Influencers**



**A Parent's Guide to Fake News**



**A Parent's Guide to Privacy Settings**



## It's always best to be prepared

Many parents may be planning to give electronic gadgets to their children this festive period.

Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

**Scan the QR code to find out more.**

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



# Nurturing ADHD kids

This online 6 week course is free for Birmingham parents and carers of children and young people with ADHD or suspected ADHD

## LED BY ADULTS WITH ADHD

Does your child have ADHD or suspected ADHD?

Are you trying to support them but find that everyone gives you different advice?

In this 6 week course, you will

- learn about ADHD
- Understand the effect on our mental health
- Understand the reasons behind behaviours
- Gain confidence in advocating for our children
- Learn new strategies
- Help our kids be confident, resilient and be their best selves

**Phone: 0731 116 7485**

**Email: [contactus@brewseducation.org](mailto:contactus@brewseducation.org)**

What parents have said about this course

*This course is literally game-changing for parents, caregivers, teachers and anyone living with a child (or adult) with ADHD. So much misunderstanding, frustration and worry could be prevented if everyone had access to this amazing resource.*

*Essential course for any parent of a child with ADHD. It changed the way I see my son and my ability to respond to his needs effectively.*

*Very informative, friendly, no pressure, enjoyable sessions*





# Nurturing ADHD

# Kids

LED BY ADULTS WITH ADHD

## NEW GROUPS STARTING SOON!

Free online 6 week course for parents and carers

We run our courses every half term.  
You can choose to join one that is held in  
the evening or one held in the morning.

To find out the dates and times of our next course  
and to register, scan this code

or visit

<https://www.eventbrite.com/cc/nurturing-adhd-kids-courses-2610449>



Supported by



**If it says SOLD OUT,  
email us directly  
Contactus@brewseducation.org  
and we  
can send you the Zoom link**